Changing Days
Positive futures for **all**

Surrey Choices
Changing Days News

In October and November 2019 we held seven big meetings. More than 400 disabled people, families, Carers, staff and other groups we work with came to our meetings.

Thank you to everyone who came to our meetings. It was very helpful to hear so many ideas about how we could support people in the future.

We hope you enjoy reading the things you told us at the meetings.

Surrey Choices
Every Life, Every Chance

What is Changing Days?

Surrey Choices is looking at how we can do things differently and we want you to talk to us about what is important to you.

We are working with Surrey County Council and The National Development Team for Inclusion, as well as with disabled people, families and Carers to know what good support is.

We want to help disabled people:

- To live healthy and independent lives in their local communities
- To develop new skills
- To build relationships
- To make sure they are getting the support they want and need

We held some big meetings we called Festival of Ideas in October 2019. We wanted to talk about why Surrey Choices Day Services are changing, how we can work together with people in our community and listen to good news stories about disabled people's lives changing.

We then held some more big meetings called Listening Events to hear more about the things people told us during the Festival of Ideas.

The meetings gave people a chance to talk to us about any worries they had as well as their great ideas to help us with Changing Days. You can read about what people told us from page 3 to page 11.

Fit and Healthy

Things people said is important to them

Cooking course

Talking about mental health

Going to exercise classes

Talking about wellbeing

Going swimming

Friendships and Relationships

Things people said is important to them

Making friends

Dating and relationships

Keeping in touch with old friends

Talking and learning about sex

Skills and Independence

Things people said is important to them

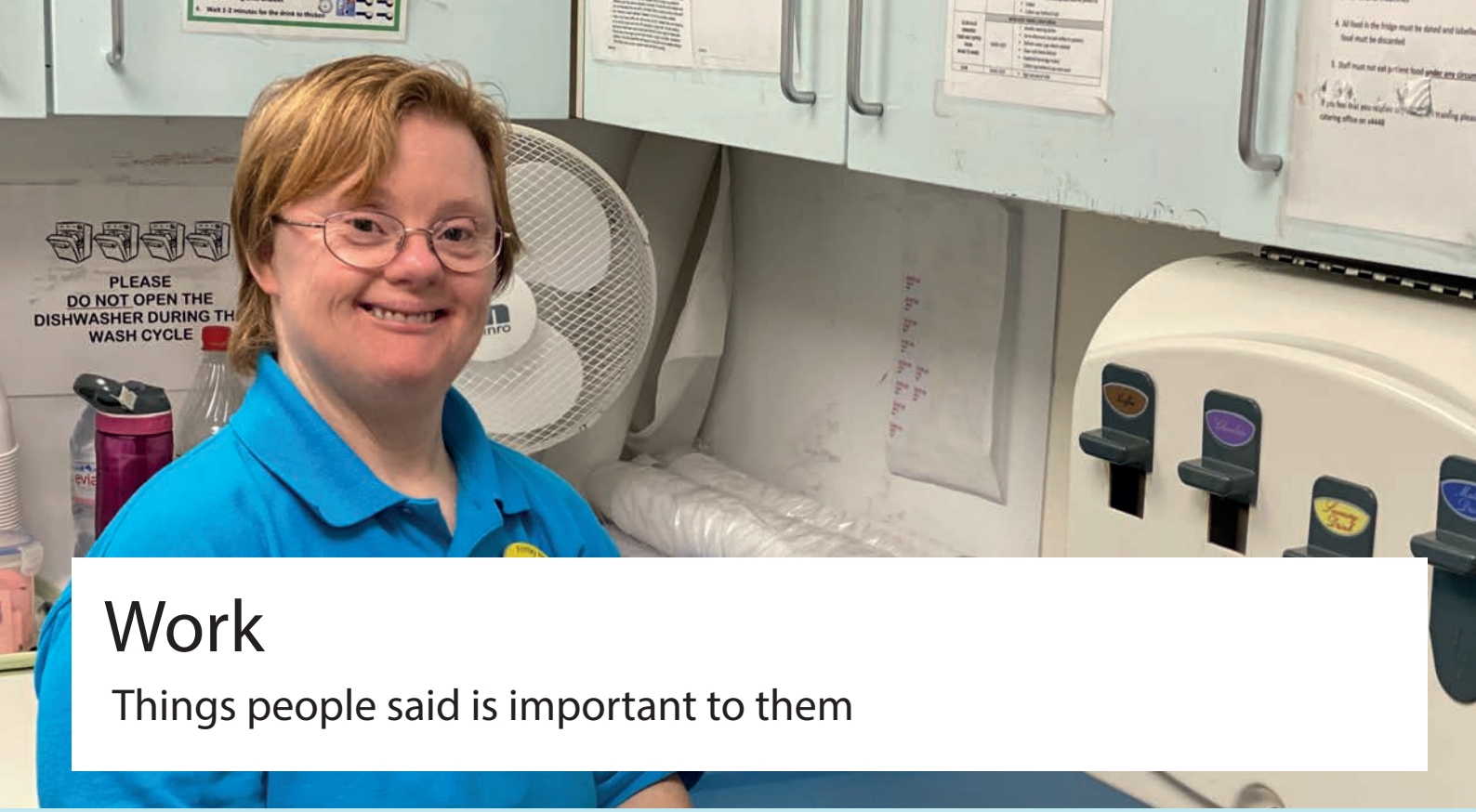
Travel training

Fixing bikes

Keeping safe

Acting skills

Looking after animals



Work

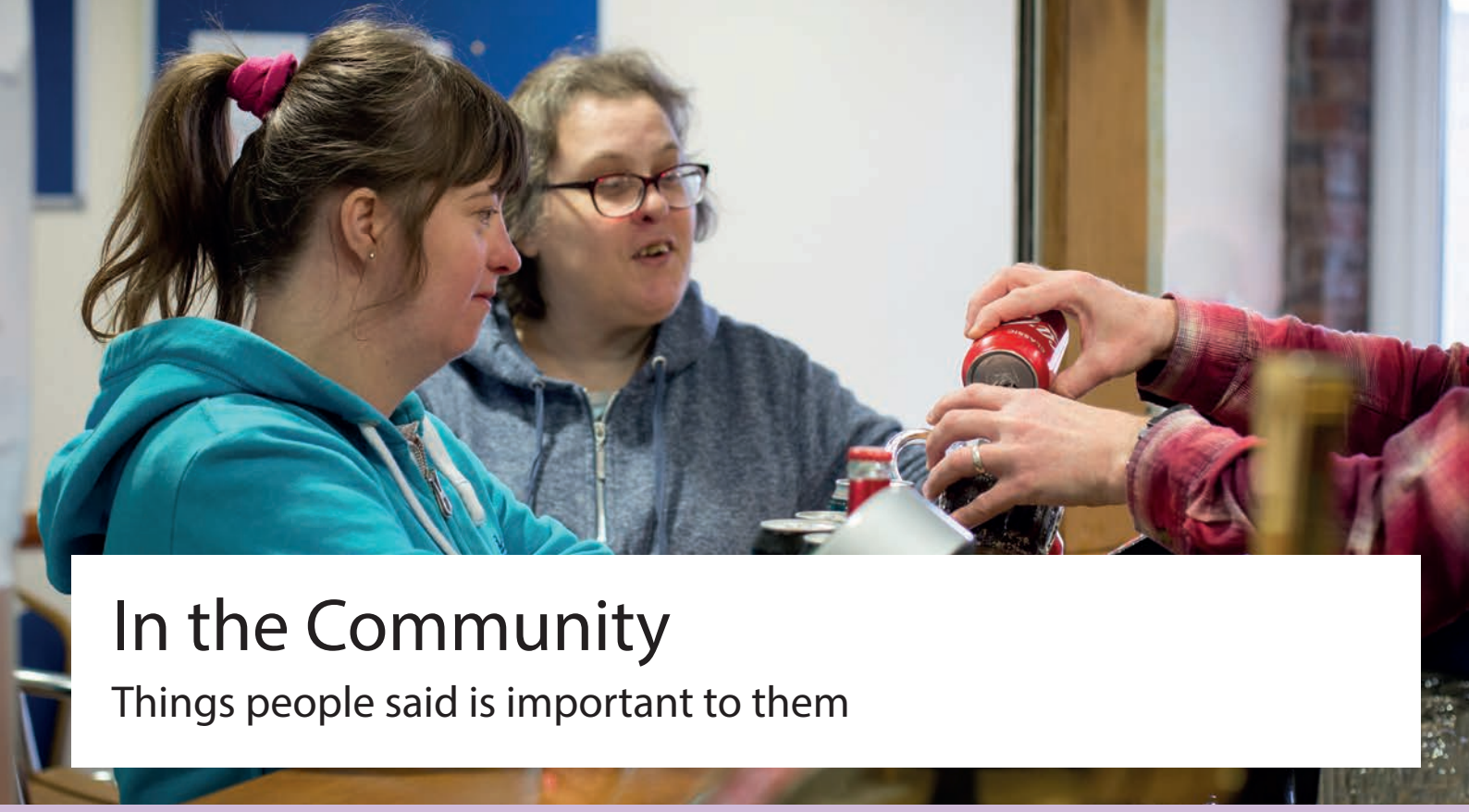
Things people said is important to them

Work based on strengths

Work based on interests

Work based on connections

Working within communities



In the Community

Things people said is important to them

Working with leisure centres

Visiting elderly people

Running a Cafe

Going to clubs in town

Cooking for a homeless shelter

Other things customers told us is important to them

To be able to get to more places when we want to

A bereavement support group to deal with life and death

Making the most of staff's personal skills

Learning more about dementia

Talking and doing more with other services

Understanding mental health and how to support people

Having a base in town to access easily

Other things families and Carers told us is important to them

By providing care and support families can go to work

To support families with having time for other family members and friends

To help with changes in life like adulthood and getting older

To make it easier for families to talk have support

Activities that focus on fitness and being in the community like going to the gym, park runs, photography and putting on shows

Sharing support workers when people want to do the same thing out in the community

Other things staff told us is important to them

For customers to be involved in making job descriptions and interviewing

Understanding goals for each person they support by working with families, Carers and others

Developing skills around health, dementia and specialist support

Communicating with the people we support and their families

Having time for team days, planning and learning

Employing people with the right skills, values and hobbies

To be able to try new things, learning from them even if they go wrong

Being innovative and use connections for more opportunities for people we support

Joint working between services

Talking to the Senior Leadership Team at Surrey Choices Conversations

Other things Surrey County Council staff told us is important to them

Showing the world that people with a learning disability have strengths and skills

Building relationships to increase the opportunities for people we support around arts, sports, leisure and work

Having more employment support services as young people want jobs and to be in the community

Helping to make communities more accessible

Promoting what Surrey Choices services offer

What is next?

A joint plan will be made by Surrey Choices and Surrey County council to improve support and services for disabled people in Surrey.

We will share with you the joint plan once it is ready.

If you would like the plain text document of this, please email changingdays@surreychoices.com

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