

# Surrey Choices

An Easy Read guide  
about Person Centred  
Planning at Surrey Choices

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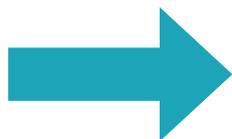
  
Surrey  
Choices  
Every Life, Every Chance

# What is Person Centred Planning?

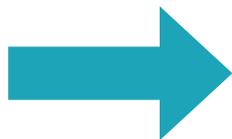


Person Centred Planning is a way of finding out what sort of life someone wants, then planning ways of making this happen. This is sometimes called PCP for short.

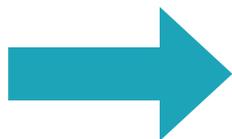
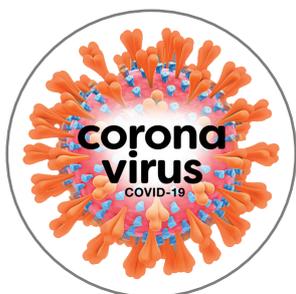
# How does Person Centred Planning work?



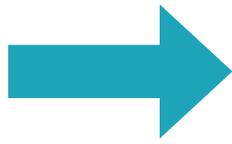
Surrey Choices services are now being planned to support the individual needs of the people who use them.



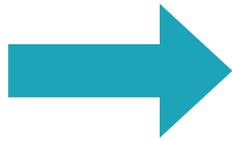
The support and services Surrey Choices provides should be planned to help you live the way you want.



Coronavirus has meant we are providing your support in new ways; digitally through online sessions, in your home and out in your local community.

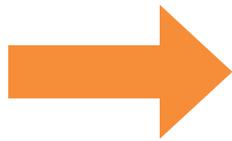


We would like to work with you, your family and others in your support networks to look at how best we can support you.

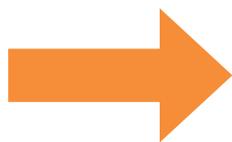


Surrey Choices staff who know you well, will contact you and your family or support network, to talk about making your own Person Centred Plan.

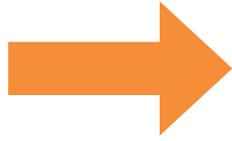
## What are Person Centred Planning Tools?



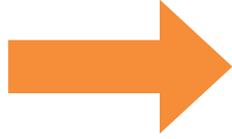
Person Centred Planning tools help you to think about the things you want to do in your life and support you to talk about this.



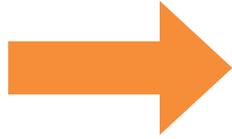
These are some of the questions we could help you to think about when using the tools:



What is important to you?

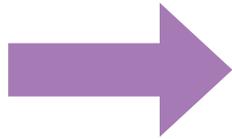


What hopes and dreams do you have?

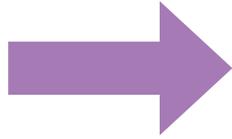


Who could help to make things better for you?

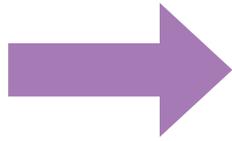
## Making Your Person Centred Plan



Your answers from these questions can be used to make a plan for how you want your life to be.

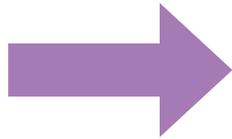


Everyone's plan will be different because things that are important to someone else, might not be important to you.

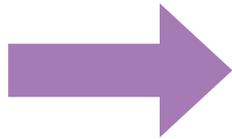


The plan will be able to tell us things like:

- What you are like as a person

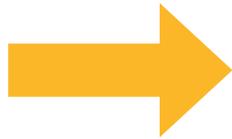


- What new things you want to do and how you can do them

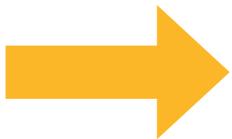


- What you, your friends and family, and Surrey Choices could do to support you to achieve your goals

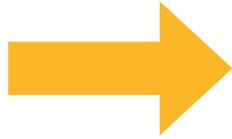
## Who will help make your Person Centred Plan?



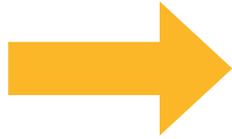
Surrey Choices staff will help you to come up with ideas for your plan. You can meet with them face to face or on Zoom, or you can have bigger meetings where everyone gets together to share ideas.



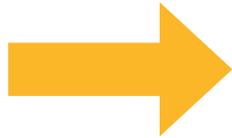
It is important for your family, Carers and support networks to be involved. If you do not want someone to be involved you can say so.



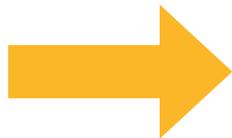
We will make sure that everyone has a say, and we will write down the ideas that you and the people involved come up with.



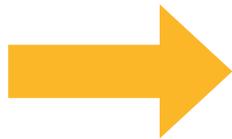
We will put together an action plan which will help us to write your Person Centred Support plan with you.



You can change your mind about what you have in your plan at any time by talking to your key worker.

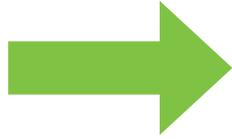


We will support you to look at your Surrey Choices Support Plan regularly.

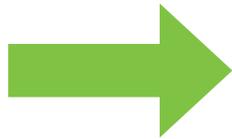


You can celebrate your achievements, look at what you are doing to achieve your goals, see what support you need and think about things you may want to change.

# What happens next?



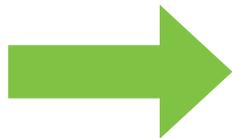
You can start thinking about some of the things you might want to do, or what type of support you would like from Surrey Choices.



We will be in touch with you, your family or Carers to start thinking about making your own Person Centred Plan.



If you, your family or Carers have any questions, you can get in touch with your Key Worker.



You can see some of our Good News Stories about Person Centred planning on our website: [surreychoices.com/latest-news/good-news-stories/](https://surreychoices.com/latest-news/good-news-stories/)



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